



# INDLULAMITHI DAY SPA

## **Back & Neck Massage**

Ease away stress and sooth your muscles  
into a state of sensory bliss

**30 min R 450 // 45 min R 580**

## **Pressure Point Foot Massage**

A massage to release tension in the feet,  
giving relief to tired feet & legs

**30 min R 340**

## **Full Body Swedish Massage**

The perfect massage to release tension in your body,  
increasing vitality and wellbeing

**60 min R 600 // 90 min R 850**

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### **Please Note:**

**Advance bookings are essential as there is only ONE therapist available  
and to avoid disappointment.**

**Bookings are subject to availability as there are limited time slots due to the  
lodge meal times and scheduled game drive times.**

**Should you arrive late your treatment time will be shortened accordingly,  
to fit in with your appointment time.**

**Times quoted are inclusive of changing into and out of treatment garments.**

**Dress code: Pls wear boxers, running shorts or underwear for treatments.**

**Spa Bookings: Pls make your enquiry during your reservation process please.**

**Payment: Treatments are to be paid directly with the Therapist (*cash or credit card*).**

**All cancellations or changes need to be done at least 24 hours  
prior to the treatment to avoid being charged in full.**

**Prices are subject to change without prior notice.**

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